

**Week 1**

<b>MON</b>	Smoked haddock Florentine with mash and green beans	Garlic bread
<b>TUES</b>	Chilli and Wedges	Salad / veg sticks and fresh dips
<b>WED</b>	Tomato and mozzarella pasta	Wholemeal sandwiches with selection of fillings
<b>THURS</b>	Tuna Pasta Bake	Potato wedges with roasted garlic
<b>FRI</b>	Italian Chicken with cous cous	Mackerel wraps

**Week 2**

<b>MON</b>	Tomato and red pepper Taglitelle	Tuna and cheese melt (pitta )
<b>TUES</b>	Popeye pasta	Tomato and Basil Bruchetta
<b>WED</b>	Chicken with tarragon and crème fresh	croissants
<b>THURS</b>	Salmon mash	Wholemeal sandwiches with selection of fillings
<b>FRI</b>	Spaghetti in tomato and basil sauce with meatballs	Humous and breadsticks

**Week 3**

<b>MON</b>	Chicken Paella	Wholemeal sandwiches with selection of fillings
<b>TUES</b>	Salmon and broccoli Taglitelle	Muffins and jam
<b>WED</b>	Fish in parsley sauce, potatoes and peas	Cheese and crackers
<b>THURS</b>	Turkey Ragoutte	Mackerel wraps
<b>FRI</b>	Tandori Chicken and rice	Tortilla chips with homemade salsa and cheese

**Week 4**

<b>MON</b>	Sausage and vegetable pasta bake	Homemade pizza
<b>TUES</b>	Tuna Morney	Wholemeal sandwiches with selection of fillings
<b>WED</b>	Chicken paprika with cous cous and roasted veg	Cheese and potato scones
<b>THURS</b>	Sweet Potato and tomato Pasta	Bagels and cream cheese
<b>FRI</b>	Jacket potatoes, coleslaw, beans cheese	Crumpets